

## Laudato Si Reflection Three: ACT

### Laudato Si Action Goals: Adoption of Simple Lifestyle, Community Engagement and Participatory Action, Ecological Spirituality



**Check in:** Share what feelings are arising in you as you come to this meeting?

**Grace:** We ask the Spirit to help us be free enough to become the voice and hands of change for integral ecology.

#### Opening Prayer:

Father of all,  
Creator and ruler of the universe,  
You entrusted your world to us as a gift.  
Help us to care for it and all people,  
that we may live in right relationship--  
    with You,  
    with ourselves,  
    with one another,  
    and with creation.

Christ our Lord,  
both divine and human,  
You lived among us and died for our sins.  
Help us to imitate your love for the human family  
by recognizing that we are all connected—  
    to our brothers and sisters around the world,  
    to those in poverty impacted by environmental devastation,  
    and to future generations.

Holy Spirit,  
giver of wisdom and love,  
You breathe life in us and guide us.

Help us to live according to your vision,  
stirring to action the hearts of all—  
individuals and families,  
communities of faith,  
and civil and political leaders.

Triune God, help us to hear the cry of those in poverty, and the cry of the earth, so  
that we may together care for our common home.

Amen.

### Scripture and Laudato Si Excerpts:

#### Romans 12:1-2

"Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."



“Integral Ecology” presents the encyclical’s main solution to ongoing social and environmental problems. Integral ecology affirms that humans are part of a broader world and calls for “comprehensive solutions which consider the interactions within natural systems themselves and with social systems” (LS 139). While the study of ecosystems has become well-known in the science of ecology, integral ecology expands this paradigm to consider the ethical and spiritual dimensions of how humans are meant to relate to each other and the natural world – drawing on culture, family, community, virtue, religion, and respect for the common good.

In Laudato Si’, Pope Francis calls us to undergo an ecological conversion. But what is an ecological conversion? Ecological conversion is defined as the “transformation of hearts and minds toward greater love of God, each other, and creation. It is a

process of acknowledging our contribution to the social and ecological crisis and acting in ways that nurture communion: healing and renewing our common home.”

**Reflection questions to share:**

1. Pope Francis asks “ What kind of world do we want to leave to those who come after us, to our children, or grandchildren who are now growing up?” (LS 160). What are your hopes for this generation of children and those to come?
2. What do you do that combats a ‘consumerist lifestyle’?
3. How do you involve yourself in political life, or in community organisations that rally around a local need, whether to promote beauty, the arts, historic preservation, or human welfare?

**Sharing:** What do I wish to share about my own actions and the actions of others?

**Spiritual Conversation and prayer:** What have I heard and what do I want to pray about ( arising in our hearts) Pray aloud if you feel moved.

**Evaluation:**

**Final blessing:** **May** the grace of our Lord Jesus Christ, and **the love of God**, and **the friendship** of the Holy Spirit be with us all now and forever.